



Summer Term 2025 Allergy Information Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Macaroni Cheese Macaroni pasta, low fat crème fraîche, seasoning, mature cheddar cheese WHEAT, MILK	Cheeseburger in a Bun Beef burger oven baked, with cheese slice in a bread bun. MILK, WHEAT	Chicken and Bacon Pasta Bake Diced chicken breast, Garlic puree, seasoning, chopped tomatoes, bacon, onion, mature cheddar cheese, wholewheat pasta WHEAT, MILK	Roast Beef served in Gravy with Yorkshire Pudding EGGS, MILK, WHEAT, SOYA	Fish Fingers Baked cod fishfingers FISH, WHEAT
Main 2	Cheese and Onion Quiche Wholemeal flour, margarine, mature cheddar cheese, onion, milk, eggs WHEAT, MILK, EGGS	Veggie Burger with Cheese in a Bun Carrot, broccoli, cauliflower, sweetcorn, green beans, onion, peppers, potatoes in a crispy breadcrumb, with cheese slice in a bun WHEAT, MILK, MUSTARD	Roasted Vegetable and Lentil Risotto Bake Mixed vegetables, onion, pepper, lentils, wholegrain rice, garlic, seasoning, vegetable stock, mature grated cheese MILK	Quorn Roast served in Gravy with Yorkshire Pudding EGGS, MILK, WHEAT, SOYA	Spanish Omelette Eggs, milk, peppers, onions, potatoes, cheese, seasoning EGGS, MILK
Main 3	Jacket Potato served with Tuna Mayonnaise Jacket Potato with Tuna Mayonnaise, served with salad – lettuce, cucumber, tomato FISH, EGG	Chicken Mayonnaise Baguette Wholemeal baguette with Chicken Mayonnaise, served with salad – lettuce, cucumber, tomato WHEAT, EGG	Ham Baguette Wholemeal baguette with ham, served with salad – lettuce, cucumber, tomato WHEAT	Jacket Potato served with Cheese Jacket Potato with Cheese, served with salad - lettuce, cucumber, tomato MILK	Jacket Potato served with Baked Beans Jacket Potato with Baked Beans, served with salad – lettuce, cucumber and tomato
Accompaniment 1	Broccoli	Carrot Sticks Raw carrot sticks	Sliced Green Beans	Roast Potatoes	Seasoned Wedges Oven baked potato wedges with seasoning
Accompaniment 2	Sweetcorn	Cucumber Tomato Sauce Sachet	Sweetcorn	Carrots and Peas	Baked Beans
Dessert 1	Fat Free Yoghurt with Peaches MILK	Banana and Cold Custard Sliced banana in custard MILK	Apple and Sultana Flapjack Apples, Sultanas, porridge oats, margarine, sugar WHEAT	Blueberry Sponge Self-raising flour, sugar, eggs, margarine, blueberries WHEAT, EGGS	Lemon Drizzle Cake Self-raising flour, sugar, eggs, margarine, lemons WHEAT, EGGS
Dessert 2	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



Summer Term 2025 Allergy Information Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Cheese and Tomato Pizza Wholemeal baguette, chopped tomatoes, mixed herbs, garlic, cheese WHEAT, MILK	BBQ Chicken Diced chicken breast cooked in BBQ sauce	Sweet and Sour Chicken Diced chicken breast, mixed vegetables, peppers, onions, sweet and sour sauce, garlic	Roast Pork served in Gravy with Stuffing WHEAT, SOYA	Salmon Fishcake Oven baked Salmon fishcake FISH, WHEAT
Main 2	Vegetable Pizza Wholemeal baguette, chopped tomatoes, mixed herbs, garlic, onion, pepper, sweetcorn, cheese WHEAT, MILK	Quorn Pieces in BBQ Sauce Quorn pieces cooked in BBQ Sauce EGGS	Quorn Sweet and Sour Quorn pieces, mixed vegetables, peppers, onions, sweet and sour sauce, garlic EGGS	Quorn Roast served in Gravy with Stuffing EGGS, WHEAT, SOYA	Vegetable Quiche Onion, peppers, tomato, garlic, seasoning, mature grated cheese, pastry WHEAT, MILK, EGGS
Main 3	Jacket Potato served with Tuna Mayonnaise Jacket potato with tuna mayonnaise served with salad – cucumber, lettuce, tomato FISH, EGG	Jacket Potato served with Tuna Mayonnaise Jacket potato with tuna mayonnaise served with salad – cucumber, lettuce, tomato FISH, EGG	Cheese Baguette Wholemeal baguette with Cheese, served with salad – lettuce, cucumber, tomato WHEAT, MILK	Ham Baguette Wholemeal baguette with ham, served with salad – lettuce, cucumber, tomato WHEAT	Jacket Potato with Baked Beans Jacket Potato with baked beans, served with salad – lettuce, tomato, cucumber
Accompaniment 1	Sweetcorn	Seasoned Wedges	Wholegrain Rice	Mashed Potato	Seasoned Wedges
Accompaniment 2	Cucumber sticks	Mixed Salad	Sliced Green Beans	Carrots and Peas	Baked Beans
Dessert 1	Fat Free Yoghurt with Melon MILK	Coco Sponge and Custard Self – raising flour, sugar, margarine, eggs, coco powder, custard WHEAT, MILK, EGGS	Cherry and Sultana Sponge Self-raising flour, sugar, eggs, margarine, cherries, sultanas WHEAT, EGGS	Mixed Berry Eton Mess Mixed berries, cream, meringue crushed MILK, EGGS	Coco and Orange Sponge Self-raising flour, sugar, margarine, eggs, coco powder, Orange WHEAT, EGGS
Dessert 2	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



Summer Term 2025 Allergy Information Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Quorn Bolognaise Pasta Bake Quorn mince, chopped tomatoes, onion, garlic, seasoning, wholewheat pasta, mature grated cheese WHEAT, MILK, EGGS	Hot Dog (Lincolnshire Sausage) Lincolnshire Sausage, bread roll WHEAT	Chicken Goujons Breaded Chicken goujons WHEAT, SOYA	Roast Chicken served in Gravy with Stuffing WHEAT, SOYA	Fish Square Baked Cod portion FISH, MUSTARD, WHEAT
Main 2	Mixed Vegetable and Lentil Pasta Bake Mixed vegetables, lentils, pasta, chopped tomatoes, onion, pepper, garlic, seasoning, mature grated cheese WHEAT, MILK	Quorn Dog Quorn Sausage, bread roll WHEAT, EGG	Vegan Dippers WHEAT	Quorn Roast served in Gravy with Stuffing WHEAT, SOYA, EGG	Cheesy Leek and Potato Pie Leeks, Crème fraiche, seasoning, mature grated cheese, potatoes, pastry lid WHEAT, MILK, EGGS
Main 3	Jacket Potato served with Cheese Jacket Potato with Tuna Mayonnaise, served with salad – lettuce, cucumber, tomato MILK	Jacket Potato served with Cheese Jacket Potato with Tuna Mayonnaise, served with salad – lettuce, cucumber, tomato MILK	Cheese Baguette Wholemeal baguette with Cheese, served with salad – lettuce, cucumber, tomato WHEAT, MILK	Ham Baguette Wholemeal baguette with Ham, served with salad – lettuce, tomato, cucumber WHEAT	Jacket served with Baked Beans Jacket Potato with Baked Beans, served with salad – lettuce, cucumber, tomato
Accompaniment 1	Broccoli	Carrot Sticks	Wrap WHEAT	Roast Potatoes	Seasoned Wedges
Accompaniment 2	Sweetcorn	Cucumber Sticks Tomato Sauce sachet	Shredded Lettuce Mayonnaise Sachet	Carrots and Peas	Peas
Dessert 1	Fat Free Yoghurt with Pineapple MILK	Apple Oaty Crumble and Custard Apples, oats, margarine, sugar, plain flour, custard WHEAT, MILK	Raspberry and Coco Sponge Raspberries, coco, self-raising flour, eggs, margarine, sugar WHEAT, EGGS	Tropical Eton Mess Tropical fruit, cream, meringue crushed MILK, EGGS	Peach sponge Self-raising flour, sugar, eggs, margarine, peaches WHEAT, EGGS
Dessert 2	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit