

Monday 20th July 2020



LO: We are learning about how to have a safe summer holiday.




- Know different ways of keeping safe.*
- Discuss what you have learnt.*
- Make a poster about how to stay safe.*
- Write a caption/sentence on the poster.*






Hooray!

It will soon be the school summer holidays!



Discuss It! What are you most looking forward to during the summer holidays? Why? What would you like to do?



Your plans may be different this year because of COVID-19.

But, Remember...

There are some **hazards** in the summer time. These things won't cause us any harm if we remember to be careful and are aware of them.

A hazard is something that could be dangerous if you are not careful.

What is a hazard?

Do It! Which of the things below could be hazardous? Why?



- talking to a stranger when you are on your own
- wearing a sun hat
- playing in the sun without sun cream
- eating an ice cream
- playing in the sea on your own
- paddling with your grown-ups

Drag the circles to reveal the answers!

Do It! Which of the things below could be hazardous? Why?

Be careful, this could be hazardous.

This is a safe summer activity.

Be careful, this could be hazardous.

This is a safe summer activity.

Be careful, this could be hazardous.

This is a safe summer activity.

Being Safe in the Sun



It can feel nice to sunbathe but it can be dangerous too.

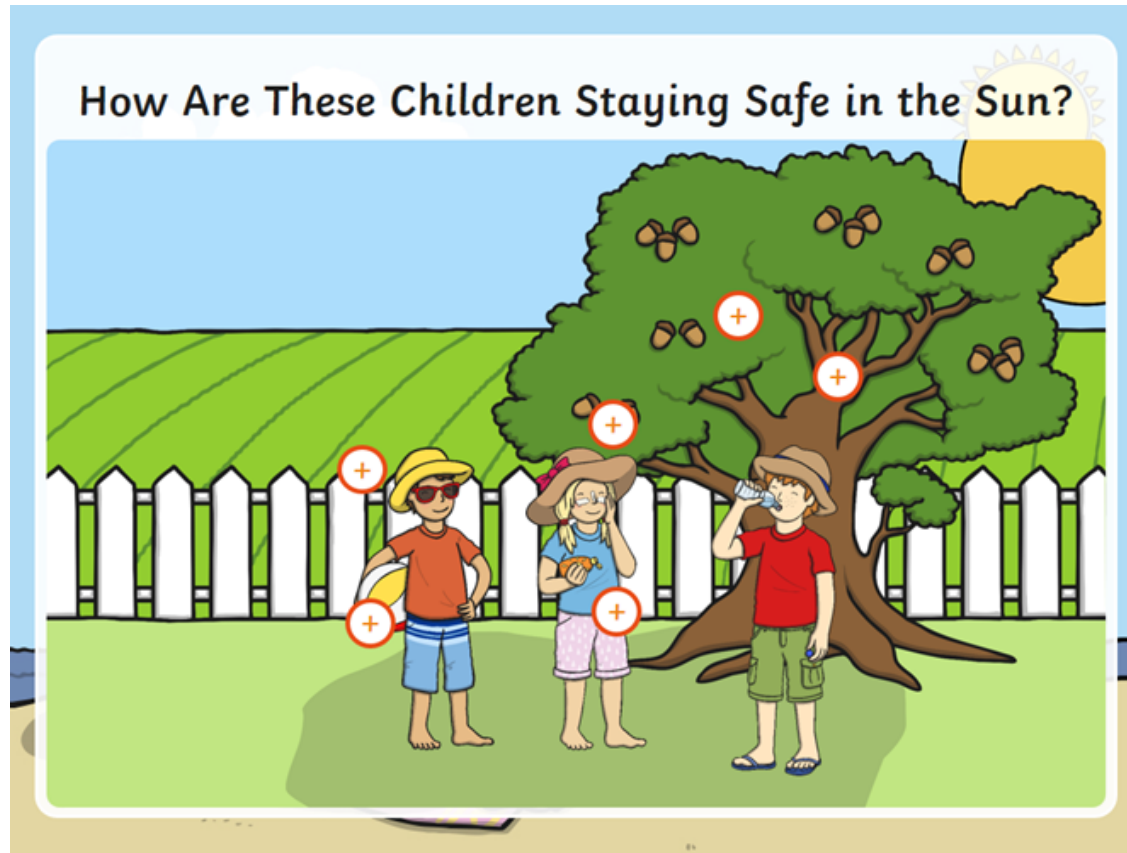
The sun's rays can damage your skin.

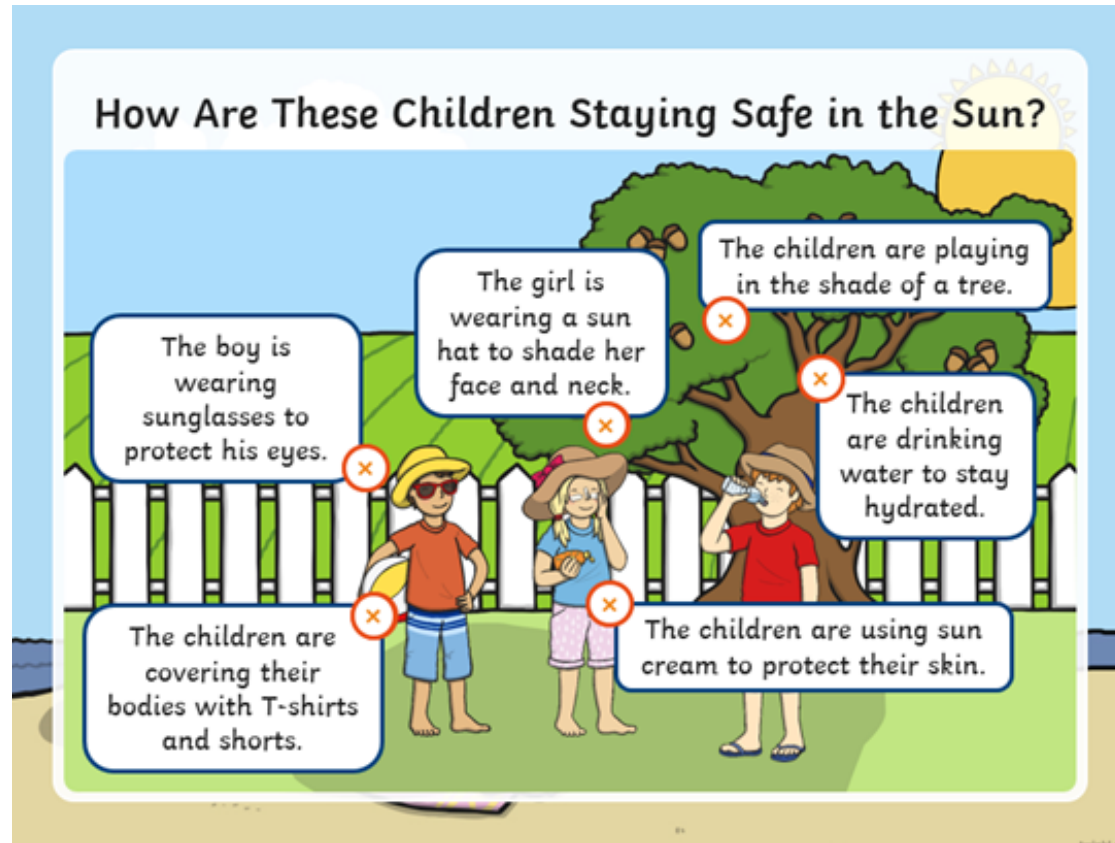
The sun's rays can burn your skin.

The sun is strongest between 11 a.m. and 3 p.m., even on cloudy days.

Discuss It!


Have you ever been sunburnt? Have you ever been suntanned? Which is best? Neither is best, they are both just your skin trying to produce its own protection from the sun.








How Are These Children Staying Safe in the Sun?

Click on the pictures to find out more.

Wrap!  Wrap up in a T-shirt, shorts and sunglasses.

Splat!  Splat on some sun cream every 1-2 hours. Make sure it is at least SPF 30.

Hat!  Wear a wide-brimmed **hat** to make sure that your face and neck is shaded.



Being Safe near the Water



Swimming and playing in the sea and swimming pools is fun but it can be hazardous if you are not careful.

Some sea creatures, such as jellyfish, can sting you.

Some water, such as water in lakes and ponds, can be very dirty.

The water can get deep very quickly. Sometimes, the waves can carry you too far from the shore.

Discuss It!

Do you like swimming in the sea or swimming pool?
Have you been to the seaside? How do you stay safe?

How Are These People Staying Safe in the Sea?

- ✓ They are swimming where there is a lifeguard.
- ✓ The child has a grown-up with them.
- ✓ The sea is calm.
- ✓ The weather looks calm.
- ✓ The child has a rubber ring to help them float.
- ✓ They aren't swimming too far from the shore.



The illustration shows a lifeguard in a yellow shirt and red shorts standing on a sandy beach. In the water, a man with a beard and a young child are swimming. The child is using a yellow rubber ring for flotation. The sea is calm, and the weather is sunny.

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How Can We Be Safe near the Water?



Click on the picture to find out more.



Never eat whilst you are swimming.



Make sure you have an adult to watch you.



Always wear a life jacket when you are on a boat.



Use a float or wear armbands.



Swim at a safe depth.



Do not swim in ponds, rivers or lakes.



Being Safe around Other People



In the summer holidays, there can be a lot of people around, especially in big places such as the beach or at a theme park.

People we don't know are called **strangers**.

Strangers can be nice but we shouldn't talk to strangers on our own in case they are not nice.


Discuss It!

What do you notice about the photograph? Have you ever been in a crowd? Where?

People Who Help Us

Some strangers have jobs which means they are there to help you. These strangers often wear a uniform and a badge so they can be spotted easily.

Some of these include...



lifeguards doctors nurses police officers paramedics

Discuss It! Can you think of any others?

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Buildings

If you can't see anyone in uniform to help, look for a building with people inside to ask for help.

Supermarkets, leisure centres, police stations and schools.



Discuss It!

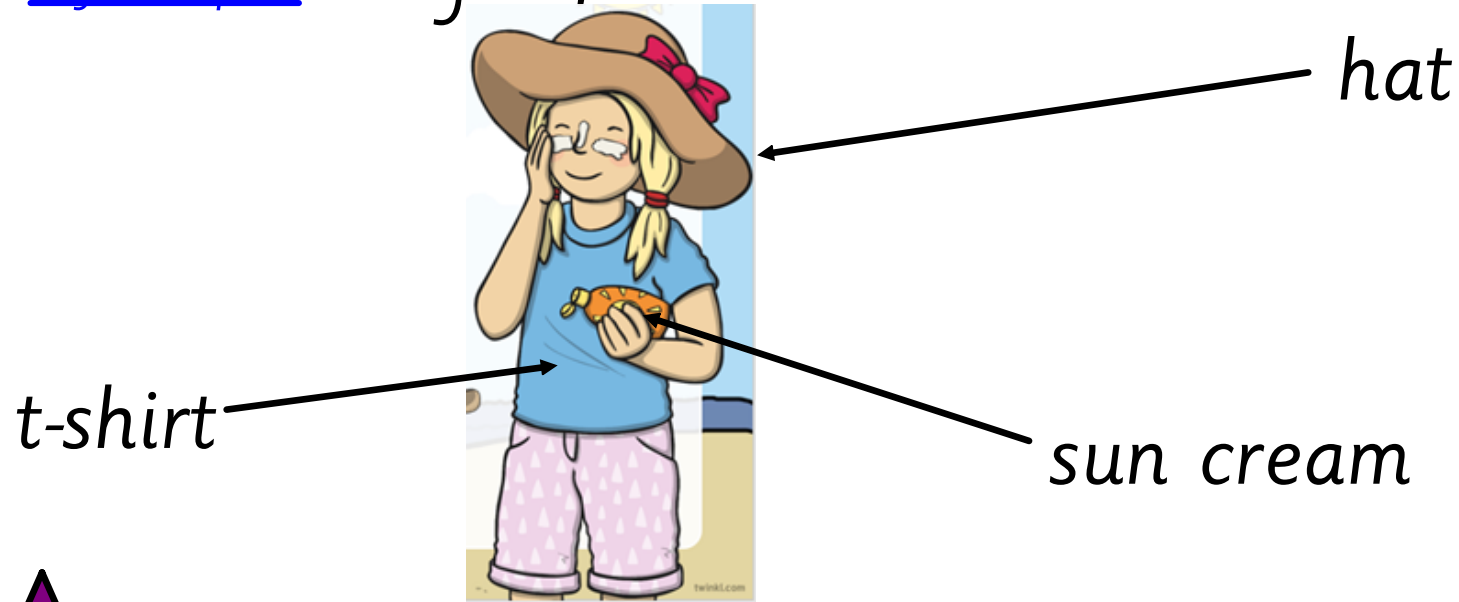
Can you think of any other buildings?

Activity

- Create a summer safety poster.
- Draw some of the key messages you have learned.
- Can you write a caption or sentence about a message in your poster?

Remember this may be spelt phonetically.

My example: Stay safe in the sun.



▲ For a challenge you could extend your sentence by using the conjunction "because".

Success Criteria is on the next page.

Make sure you follow the success criteria when writing your sentences.

Success Criteria:

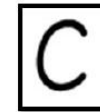
Segment each word out loud, and write the graphemes in order.

Remember to use a capital letter at the start.

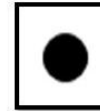
Use finger spaces in between every word.

Can you write some tricky words?

Remember to put a full stop at the end of the sentence.



I need a **CAPITAL LETTER** at the start of my sentence.



I need a **full stop** at the end of my sentence.