

Timmy the Tooth

I'm Timmy the Tooth,
I'm shiny and white.
I like you to brush me,
Both morning and night.

I'm very important,
When you need to eat.
I'm so good at biting,
Potatoes and meat.

When you eat an apple,
I'll help you to chew.
And when food is hard,
Then I know what to do.

But I have a weakness,
For when you have treats.
Like sugary snacks,
And packets of sweets.

The sugar attacks me,
It causes decay.
Holes start appearing,
And I wear away.

Sugar is hard on me,
Makes me go bad.
If you eat a lot of it,
I will feel sad.

Please limit your sugar,
A little's enough.
Then I can be healthy,
And stay good and tough.



THURSDAY - COMPREHENSION (WARM APPLICATION OF SKILLS - THE CHILD IS FAMILIAR WITH THE TEXT ALREADY)

Skills Check Questions: ask your children to write answers to these questions in full sentences.

1. Which **two adjectives** are used to describe Timmy the Tooth?

_____ and _____

2. When would be the best times to brush your teeth? Why?

3. Can you name three types of hard food?

1. _____
2. _____
3. _____

4. What does decay do to your teeth?

Evaluative Question:

- Do you think we should stop eating all sugary foods?