

Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Quorn Cottage pie with gravy	Chicken Fillet Bites	Beef Bolognaise wholemeal pasta bake	Roast Chicken in gravy with Stuffing	Fish Square
Main 2	Tomato, Basil and Bean Pasta Bake	Vegetable Bites	Vegetarian Bolognaise pasta Bake	Quorn Roast in gravy with Stuffing	Salt and Vinegar Quorn Fishless <i>Fillet</i>
Main 3	Jacket potato with cheese and salad	Baguette with Ham and salad	Jacket Potato with Tuna Mayonnaise and salad	Baguette with Cheese and Salad	Jacket Potato with Baked Beans and Salad
Accompaniment 1	Peas	Seasoned Wedges	Garlic Bread	Mashed Potatoes	Chipped Potatoes
Accompaniment 2	Broccoli	Baked Beans	Salad	Mixed Vegetables	Peas
Dessert 1	Yogurt pot with peaches	Apple and Banana Crumble with cream	Greek yogurt with Pineapple and Mango	Sultana Flapjack	Coco Sponge with chocolate custard
Dessert 2	Fresh Seasonal fruit	Fresh Seasonal fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit



Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Quorn Sausage and Bean Wholemeal Pasta Bake	Cheese and Ham pizza on a wholemeal Baguette	Cheeseburgers	Roast Gammon in Gravy	Salmon Fishcake
Main 2	Vegetable and Bean Risotto	Vegetable pizza on a wholemeal Baguette	Sweet Butternut and Chickpea Burger	Quorn Roast in Gravy	Vegetable and cheese crumble pie
Main 3	Jacket Potato with Cheese and Salad	Cheese Baguette with Salad	Jacket Potato Tuna Mayonnaise and Salad	Ham Baguette and Salad	Jacket Potato and Beans
Accompaniment 1	Garlic Bread	Seasoned wedges	Carrot Sticks	Mashed Potato	Lemon, garlic and mixed vegetable Rice
Accompaniment 2	Salad	Beans	Salad	Mixed Vegetables	Broccoli
Dessert 1	Yogurt Pot and Blueberries	Apple Flapjack	Raspberry Jelly and custard	Greek yogurt and Fruit cocktail	Lemon Drizzle cake
Dessert 2	Fresh seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit	Fresh Seasonal Fruit



Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Macaroni Cheese	Sausages in Gravy	Mild Chicken Korma	Roast Beef and Yorkshire Pudding	Jumbo fish finger with Tomato Sauce
Main 2	Roasted Vegetable and Bean Pasta Bake	Quorn Vegan Sausages in gravy	Mild Vegetable Korma	Quorn Roast and Yorkshire Pudding	Vegetable Sausage
Main 3	Cheese Baguette and Salad	Jacket Potato and Tuna Mayonnaise with Salad	Ham Baguette and Salad	Cheese Baguette and Salad	Jacket Potato with Beans and Salad
Accompaniment 1	Garlic Bread	Mashed Potatoes	Brown Rice	Mashed Potatoes	Chipped Potatoes
Accompaniment 2	Salad	Carrots	Green Beans	Mixed Vegetables	Peas
Dessert 1	Yogurt Pot and Melon	Raspberry Flavour Jelly and cold Custard	Fruit cocktail and evaporated milk	Blueberry Flapjack	Apple crumble and custard
Dessert 2	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit