|  | Monday | Tuesday | Wednesday | Friday |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Main 1 | Quorn Cottage pie with gravy | Chicken Fillet Bites | Beef Bolognaise <br> wholemeal pasta bake | Roast Chicken in gravy with <br> Stuffing | Fish Square |
| Main 2 | Tomato, Basil and Bean Pasta <br> Bake | Vegetable Bites | Vegetarian Bolognaise <br> pasta Bake | Quorn Roast in gravy with <br> Stuffing | Salt and Vinegar Quorn <br> Fishless Fillet |
| Main 3 | Jacket potato with cheese and <br> salad | Baguette with Ham and salad | Jacket Potato with Tuna <br> Mayonnaise and salad | Baguette with Cheese and <br> Salad | Jacket Potato with Baked <br> Beans and Salad |
| Accompaniment 1 | Peas | Seasoned Wedges | Garlic Bread | Mashed Potatoes | Chipped Potatoes |
| Accompaniment 2 | Broccoli | Baked Beans | Salad | Mixed Vegetables | Coco Sponge with chocolate <br> custard |
| Dessert 1 | Yogurt pot with peaches | Apple and Banana Crumble <br> with cream | Greek yogurt with <br> Pineapple and Mango | Fresh Seasonal Fruit | Fresh Seasonal Fruit |
| Dessert 2 | Fresh Seasonal fruit | Fresh Seasonal fruit | Fresh Seasonal Fruit |  |  |

Week 2 Menu

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main 1 | Quorn Sausage and Bean Wholemeal Pasta Bake | Cheese and Ham pizza on a wholemeal Baguette | Cheeseburgers | Roast Gammon in Gravy | Salmon Fishcake |
| Main 2 | Vegetable and Bean Risotto | Vegetable pizza on a wholemeal Baguette | Sweet Butternut and Chickpea Burger | Quorn Roast in Gravy | Vegetable and cheese crumble pie |
| Main 3 | Jacket Potato with Cheese and Salad | Cheese Baguette with Salad | Jacket Potato Tuna Mayonnaise and Salad | Ham Baguette and Salad | Jacket Potato and Beans |
| Accompaniment 1 | Garlic Bread | Seasoned wedges | Carrot Sticks | Mashed Potato | Lemon, garlic and mixed vegetable Rice |
| Accompaniment 2 | Salad | Beans | Salad | Mixed Vegetables | Broccoli |
| Dessert 1 | Yogurt Pot and Blueberries | Apple Flapjack | Raspberry Jelly and custard | Greek yogurt and Fruit cocktail | Lemon Drizzle cake |
| Dessert 2 | Fresh seasonal Fruit | Fresh Seasonal Fruit | Fresh Seasonal Fruit | Fresh Seasonal Fruit | Fresh Seasonal Fruit |

## Week 3 Menu

|  | Monday | Tuesday | Wednesday | Thursday |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Main 1 | Macaroni Cheese | Sausages in Gravy | Mild Chicken Korma | Roast Beef and Yorkshire <br> Pudding | Jumbo fish finger with <br> Tomato Sauce |
| Main 2 | Roasted Vegetable and Bean <br> Pasta Bake | Quorn Vegan Sausages in <br> gravy | Mild Vegetable Korma | Quorn Roast and Yorkshire <br> Pudding | Vegetable Sausage <br> Main 3 Cheese Baguette and Salad |
| Jacket Potato and Tuna |  |  |  |  |  |
| Mayonnaise with Salad | Ham Baguette and Salad | Cheese Baguette and Salad | Jacket Potato with Beans <br> and Salad |  |  |
| Accompaniment 1 | Garlic Bread | Mashed Potatoes | Brown Rice | Mashed Potatoes |  |
| Dessert 1 | Carrots | Green Beans | Mixed Vegetables |  |  |
| Dessert 2 | Yogurt Pot and Melon | Raspberry Flavour Jelly and <br> cold Custard | Fruit cocktail and <br> evaporated milk | Blueberry Flapjack |  |

