



North Wolds Federation Kitchen

Lincolnshire County Council Gold Approved Menu

Summer Term 2024 Week 1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Meat Free Monday	Tastes From Around The Globe	School Classics	Roast Dinner	Fish Is The Dish
Main 1	Macaroni Cheese	Chicken Curry	Cheeseburger in a Bun	Roast Beef served in Gravy with Yorkshire Pudding	Fish Fingers
Main 2	Cheese and Onion Quiche	Vegetable and Lentil Curry	Veggie Burger with Cheese in a Bun	Quorn Roast served in Gravy with Yorkshire Pudding	Spanish Omelette
Main 3	Jacket Potato served with Cheese	Jacket Potato served with Tuna Mayonnaise	Ham Baguette	Jacket Potato served with Cheese	Jacket Potato served with Baked Beans
Accompaniment 1	Garlic Bread	Wholegrain Rice	Carrot Sticks	Mashed Potato	Seasoned Wedges
Accompaniment 2	Sweetcorn	Green Beans	Sweetcorn Tomato Sauce Sachet	Carrots	Baked Beans
Dessert 1	Fat Free Yoghurt (3.6g sugar)	Banana and Cold Custard (7g sugar)	Fat Free Yoghurt with or without Peaches (8g sugar)	Apple and Sultana Flapjack (7.5g sugar)	Lemon Drizzle Cake (8g sugar)
Dessert 2	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Sugar specified as part of the Defeat The Sweet Project



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Summer Term 2024 Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Meat Free Monday	Tastes From Around The Globe	School Classics	Roast Dinner	Fish Is The Dish
Main 1	Quorn Sausage and Gravy	Bolognese Pasta Bake	Chicken Nuggets	Roast Gammon served in Gravy with Yorkshire Pudding	Salmon Fishcake
Main 2	Cheesy Leek and Potato Pie	Quorn Bolognese Pasta Bake	Vegetable Nuggets	Quorn Roast served in Gravy with Yorkshire Pudding	Vegetable Risotto
Main 3	Jacket Potato served with Cheese	Ham Baguette	Jacket Potato served with Baked Beans	Cheese Baguette	Jacket Potato with Cheese
Accompaniment 1	Mashed Potato	Sweetcorn	Seasoned Wedges	Roast Potatoes	Vegetable Rice
Accompaniment 2	Peas	Broccoli	Baked Beans	Carrots	Mixed Salad
Dessert 1	Fat Free Yoghurt (3.6g sugar)	Coco and Orange Sponge (7.8g sugar)	Fat Free Yoghurt with or without Blueberries (6.6g sugar)	Apple Sponge (7g sugar)	Coco Sponge (8g sugar)
Dessert 2	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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Summer Term 2024 Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Meat Free Monday	Tastes From Around The Globe	School Classics	Roast Dinner	Fish Is The Dish
Main 1	Cheese and Tomato Pizza	Sweet and Sour Chicken	Hot Dog (Lincolnshire Sausage)	Roast Chicken served in Gravy with Stuffing	Fish Square
Main 2	Vegetable Pizza	Quorn Sweet and Sour	Quorn Dog	Quorn Roast served in Gravy with Stuffing	Quorn Piece
Main 3	Tuna Mayonnaise Baguette	Cheese Baguette	Jacket Potato served with Cheese	Ham Baguette	Jacket served with Baked Beans
Accompaniment 1	Carrot Sticks	Wholegrain Rice	Carrot Sticks	Mashed Potatoes	Mixed Salad
Accompaniment 2	Sweetcorn	Peas	Cucumber Sticks Tomato Sauce Sachet	Carrots	Seasoned Wedges
Dessert 1	Fat Free Yoghurt (3.6g sugar)	Apple and Summer Berry Flapjack (7.5g sugar)	Raspberry, Coconut and Coco Sponge (6g sugar)	Fat Free Yoghurt with or without Pineapple (8g sugar)	Apple, Apricot and Sultana Square with cream (7.5g sugar)
Dessert 2	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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