



**HAF Easter Menu Including Allergens 2024 - Thursday 4<sup>th</sup> April 2024**

**Breakfast Menu**

<b>Option 1</b>	<b>Toast with low fat spread</b> <b>(WHEAT)</b>
<b>Option 2</b>	<b>Low Sugar, Wholegrain Low Sugar Cereals (Shreddies, Cornflakes and Weetabix) with Low Fat Milk</b> <b>(WHEAT, BARLEY, MILK)</b>
<b>Option 3</b>	<b>Seasonal Fruit</b>

**Lunch Menu**

<b>Main Meal Option 1</b>	<b>Roast Chicken, Roast Potatoes, Yorkshire Pudding, Sage and Onion stuffing Ball and Gravy.</b> <b>(WHEAT, EGGS, MILK, SOYA, CEREAL)</b>
<b>Main Meal Option 2</b>	<b>Quorn Roast, Roast Potatoes, Yorkshire Pudding, Sage and Onion stuffing Ball and Gravy).</b> <b>(WHEAT, EGGS, MILK, SOYA, CEREAL)</b>
<b>Main Meal Option 3</b>	<b>Jacket Potato with Cheese and Mixed Salad.</b> <b>(MILK)</b>
<b>Accompaniment 1</b>	<b>Carrots</b>
<b>Accompaniment 2</b>	<b>Peas</b>
<b>Dessert Option 1</b>	<b>Lemon Drizzle Cake</b> <b>(WHEAT, EGGS)</b>
<b>Dessert Option 2</b>	<b>Fresh Fruit</b>



**Packed Lunch Menu Including Allergens - Friday 5<sup>th</sup> April 2024**

Items	Allergens
Ham Baguette (Sandwich Option 1)	WHEAT
Cheese Baguette (Sandwich Option 2)	WHEAT, MILK
Cheese and Crackers	MILK, WHEAT, BARLEY
Carrot and Cucumber sticks	
Sultana Flapjack (Dessert Option 1)	WHEAT
Fat Free Yoghurt (Dessert Option 2)	MILK
Fresh Fruit	
Bottle of Water	