



Our School LUNCH MENU

WEEK ONE, TWO & THREE

	Monday	Tuesday	Wednesday	Thursday	Friday
Main One	BBQ Chicken Wraps	Chilli Con Carne	Roast Chicken with Stuffing Ball	Meatball Pasta Bake	Fish Squares
Main Two (Vegetarian)	Cheese and Onion Quiche	5 Bean Chilli with Lentils	Quorn Roast	Quorn Mince, Roasted Vegetables & Lentil Pasta Bake	Cheese Omelette
Main Three	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans
Accompaniment One	Homemade Potato Wedges	Homemade Garlic Bread	New Potatoes	Sweetcorn	Chipped Potato Oven Baked
Accompaniment Two	Cucumber Sticks Sweetcorn	Green Beans Rice	Carrots Broccoli	Cabbage	Peas Baked Beans
Dessert One	Yoghurt	Apple & Sultana Flapjack	Vanilla Ice Cream	Lemon Drizzle Cake	Chocolate Fudge Cake
Dessert Two	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit of Yoghurt	Fresh Fruit

	Monday	Tuesday	Wednesday	Thursday	Friday
Main One	Cheese & Tomato Pizza	Chicken & Garlic Pasta Bake	Roast Pork with Stuffing Ball	Chicken Nuggets	Salmon Pasta Bake in a Tomato & Herb Sauce
Main Two (Vegetarian)	Lentil & Vegetable Risotto in Tomato Sauce	Quorn Mince and Lentil Pasta Bake	Quorn Roast	Baked Bean Flan	Cheese and Broccoli Bake
Main Three	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans
Accompaniment One	Cucumber Sticks (Main 1 only)	Sweetcorn	New Potatoes	Homemade Potato Wedges	Cucumber Sticks
Accompaniment Two	Sweetcorn Peas	Cabbage	Carrots Broccoli	Peas Baked Beans	Carrot Sticks Sweetcorn
Dessert One	Yoghurt	Raspberry & Coconut Sponge Cake	Artic Roll	Banana & Sultana Sponge Cake	Victoria Sponge Cake
Dessert Two	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit of Yoghurt	Fresh Fruit

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Main One					
Main Two (Vegetarian)					
Main Three	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans
Accompaniment One					
Accompaniment Two					
Dessert One					
Dessert Two	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit of Yoghurt	Fresh Fruit