

Thursday 4th March 2021

Piece 2 - We Like to Move It, Move It!



LO: To understand the importance of keeping active.

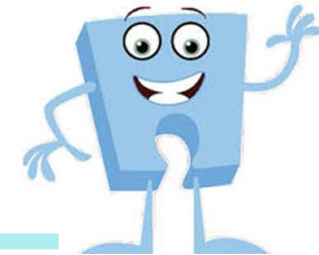


To be successful I must be able to:

Join in with a group warm up.

Act out a sport.

Help create an obstacle course.



Our Learning Charter

Rights

We have the right to:

- Learn
- Be respected and treated fairly
- Be heard
- Feel safe

Responsibilities

We have the responsibility to:

- Allow others to learn
- Respect others and treat them fairly
- Listen to others
- Keep others safe

Rewards

- Praise
- Sticker
- Choice activity box
- Visit another teacher
- Class certificate
- Postcard home
- Head Teacher award

Consequences

- Reminder
- Warning
- Time out in class
- Loss of privilege
- Time out in another class
- Parents/Carers informed
- Sent to Senior Leader



The Jigsaw!® Charter

We take turns to speak

We use kind and positive words

We listen to each other

We have the right to pass

We only use names when giving compliments or when being positive

We respect each other's privacy (confidentiality)



Let's play the Beans game!
Ask somebody to shout out the word and you have to do
the right action.

Jumping beans(Jump up at down) Runner beans (Jog
around)

Broad beans(Make a wide star shape)

Bakes beans (Curl up into a ball)

Jelly beans(wobble around like jelly)

String beans(Make a tall stretched shape)





Feel your heart by putting your
hand over your chest.
What is happening?
How does your breath feel?
What does your skin feel like?
Why is it important to exercise?





Can you act out your
favourite sport for
somebody to guess?
Don't forget to use your
whole body if you can.



Activity:

Set up an obstacle course together outside!
Plan what each stage is going to be.
Time how long it takes to complete.



Take a photo or video of your obstacle course and
send it to us

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